

From: [Laitram Human Resources](#)
To: [Paul Loisel](#)
Subject: Laitram Update: Hurricane Ida Recovery Resources
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As we enter the recovery phase in the aftermath of Hurricane Ida, here are some resources available to members of our community. We will send more information on these and additional resources as they become available.

FEMA Disaster Assistance

The fastest way to apply is through [DisasterAssistance.gov](https://disasterassistance.gov). You can also apply by calling 1-800-621-3362 (TTY 1-800-462-7585) or through the [FEMA mobile app](#).

[CLICK HERE to learn more about the application process.](#)

Ochsner Anywhere Care

See a doctor online, anytime with Ochsner Anywhere Care virtual visits. Download the Ochsner Anywhere Care mobile app on iOS or Android or visit ochsner.org/anywhere. Urgent care visits are \$10, and behavioral health visits are \$85.

Through September 6, Ochsner Health is offering free virtual visits to Louisiana and Mississippi residents who have been displaced due to Hurricane Ida. Impacted individuals can visit with a doctor on their phone, tablet or computer 24/7.

Urgent Care Virtual Visits: Coupon code IDA

Get immediate medical attention for common illnesses such as cold, flu, cough, allergies and fevers. Unlimited urgent care visits are included with this offer.

Therapy Virtual Visits: Coupon code IDAThery

See a licensed therapist face-to-face for treatment such as addictions, anxiety and depression. One free behavioral health visit is included with this offer.

Questions? Email AnywhereCare@Ochsner.org. For the latest updates on resources available to areas affected by Hurricane Ida, visit ochsner.org/weather.

